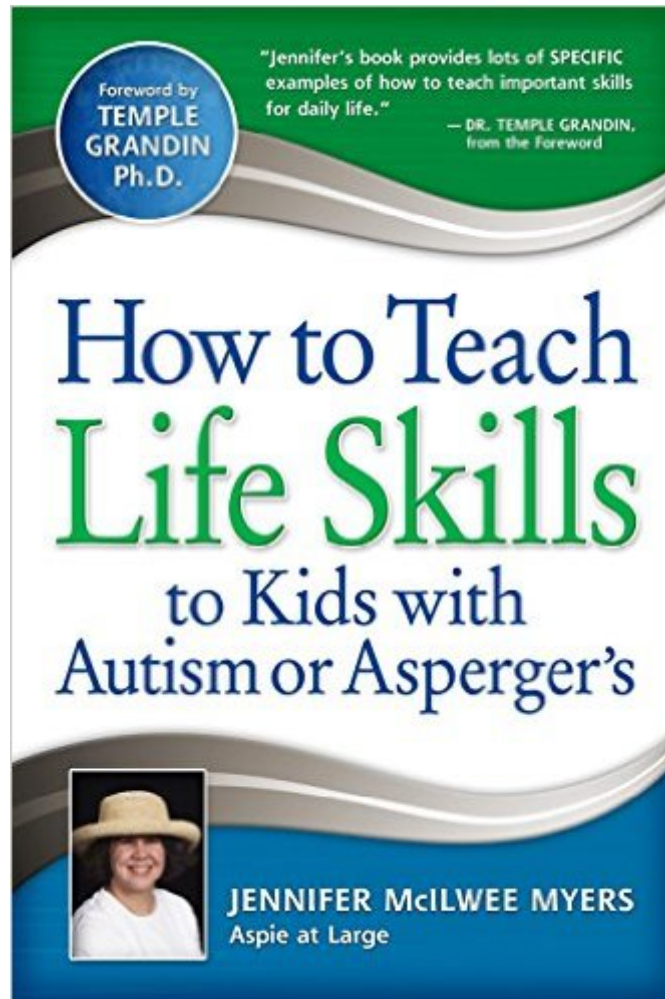


The book was found

# How To Teach Life Skills To Kids With Autism Or Asperger's



## Synopsis

In the real world, people on the autism spectrum need the same kinds of day-to-day skills everyone else needs to be functional! It's true. No matter how high-functioning children with autism or Asperger's may be or may become, they function better as adults if they've had the chance to learn basic skills, from being on time to good personal hygiene. But many reach adulthood without those skills. Enter Jennifer McIlwee Myers, *Aspie at Large*. Coauthor of the groundbreaking book *Asperger's and Girls*, Jennifer's personal experience with Asperger's Syndrome and having a brother with autism makes her perspective doubly insightful. Jennifer can show you how to: Create opportunities for children to learn in natural settings and situations Teach vital skills such as everyday domestic tasks, choosing appropriate attire, and being polite Help individuals on the spectrum develop good habits that will help them be more fit and healthy Improve time management skills such as punctuality and task-switching And much more! Jennifer's straightforward and humorous delivery will keep you eagerly turning the page for her next creative solution!

## Book Information

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## Customer Reviews

When I first read the title, *How to Teach Life Skills to Kids with Autism or Asperger's*, I wasn't sure exactly what it meant or how it would apply to me. After reading just a few pages, however, I was convinced that this was a message I needed to hear and that I could learn a lot from this book about how to help my son become a successful adult (and kid, for that matter)! As Jennifer McIlwee Myers, the author and "*Aspie at Large*", puts it, "No matter where a child is on the autism spectrum, and no

matter where he or she is likely to end up, life skills count!"While this is not an autobiography, the author draws freely on her own experience and that of her brother Jimmy, who has autism, to illustrate her points, and adds a lot of incredibly useful information by doing so, in my opinion. I also found her writing style to be extremely readable and greatly enjoyed the interjections of humor. Just reading a few of the chapter titles themselves gives you some good rules to follow when teaching a child with autism: Say What You Need to Say - chapter 6 Transmit Information in More than One Way - chapter 7 Information in Translation: Speak the Language Your Child Understands - chapter 8 Tap into Your Child's Interests - chapter 11 Some of the other rules, or perhaps a more accurate word would be techniques, which are discussed discusses are how to use repetition and persistence, and how to balance opportunities to teach with opportunities to succeed. As Jennifer McIlwee Myers describes this difficult balancing act: "Too little success and too much frustration will add up to learned helplessness.

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